

Be a Fulfilled Passionate Leader

A 3-month one-on-one program

Love your job and be great at it

You're putting more in than you're getting out, and something needs to change.

Are you looking for ...

The courage to be more authentic? Skills to set healthier boundaries? Ability to have more impact with less effort?

This program is for you.

Included:

One-on-one coaching: Five 75-minute Skype sessions to build your awareness, commitment, and capabilities

On-the-job resources: Tools to put your learning into practice

Accountability partnership: I will check-in by text or email to help you stay active with your ongoing practices.

Life support: Three ad hoc 30-minute coaching calls and unlimited email support

One day individual coaching retreat on Vashon Island, WA: Fresh air and farm-to-table food to deepen your learning and move more quickly toward your goal. Your time may include movement practices, bodywork, and nature adventures.

Contact me for a free consultation

to explore how your goals could be met with this program

You'll gain:

Clarity about what is really important to you

The skills to take an opposing or unconventional stand in a way that invites others to support you

The ability to relax and remember what matters when the going gets hard

A realistic plan that enables you to make sustainable changes in your life and gives you the confidence to make it happen

Caroline Peani 
LEADERSHIP COACHING & CONSULTING



**AUTHENTIC LEADERSHIP FOR A SUSTAINABLE FUTURE
PASSIONATE, CONNECTED, IMPACTFUL**

Informed by my 16 years as a corporate leader, my experience as a Master Somatic Coach, and by life on my Pacific NW homestead, I offer a unique approach to development. I combine a practical get-it-done mentality with an innovative approach, which integrates sound reasoning, inherent wisdom, and connection with nature to enable clients to transform how they lead their organizations and their lives.

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